



## What to Expect from your Tumblebear Gymnastics Class

- **3 All Me**
  - **4 Bears**
  - **Preschool 4/5**
1. **Try not to compare your child to other children in the class.** All kids learn in different ways and work at different levels even though they may be the same age and in the same class. Our instructors are trained to teach various levels, even in the same class. Remember that some of these students have had previous instruction and may already be comfortable with our facility and the way classes are run. You will probably be surprised at what your child learns from watching other students in the class. If you feel your child needs more help; Consider a second class or ask the instructor for pointers on how you can help them to improve their gymnastics skills.
  2. **Most parents stay and watch the class, but it is not mandatory.** If you have to leave, please tell the instructor and/or someone at the customer service desk and leave a cell phone number in case of emergency.
  3. **Remind your child to listen to their teacher.** Sometimes the gym can be very noisy and they will have to pay attention to what is happening in their class. They will be taking turns and learning to work independently at stations. It is important they don't leave the class to go out to the lobby to see their parents. We strive to teach your children gymnastics. Remember this is not open gym time and the students must stay with their class.
  4. **Try not to “coach” your child from the bleachers.** Praise is the best motivator for kids. So that's what we encourage. If there is a discipline problem, since you know your child best, the instructor will ask for your guidance.
  5. **Remember to bring your child's gymnastic shoes for class every week.** Girls should have their hair in a ponytail and pulled off of their face if it is long enough. Leotards for girls and comfy, stretchy clothes for boys should be worn. The reason for all of these rules is your child's safety.
  6. **Always feel free to ask your child's instructor any questions you may have about their progress and/or behavior during class.** If you are not comfortable speaking to them, you can contact the Preschool Department Leader, Rhonda Zaluckyj(Miss Rhonda).