

# Your Enrollment Info for Patti's All-American

*Thank you for registering for classes at Patti's All-American!*

1. **Please arrive 5-10 minutes before your class time, or earlier if you need to purchase apparel.**
2. **All parents must keep an eye on their children before class begins** and on their child's non-participating siblings during and/or between classes. Siblings are not allowed inside the gym or in the dance room during your child's class.
3. **All parents must come in with their child on the first day of class** in order to be sure we have a signed online policy agreement for your child. **There will be a nametag for your child to wear to the first class** to be picked up at the front desk.
4. **There are cubbies inside the gym and in the dance dressing room for students to put their belongings in (coats/shoes, etc.).** Most students usually change into their gymnastic shoes on the carpet at the edge of the spring floor or in the dance dressing room. There they can wait for the class to start or sit on the bleachers or benches with you until the teacher calls out the class.
5. **Remind your child to go to the restroom before class starts.** If they do have to use the restroom, make sure that they ask the teacher's permission and that they don't just leave the group.

## \*ANNUAL TUMBLING SHOW IN MARCH

PAA has an annual offsite Tumbling Show in March. This event is for all who participate in the gymnastics/tumbling program.

- Sizing leotards – January
- AutoPay Ran – end of January
- SHOWTIME – usually weekend before St. Patrick's Day.

*If your child is unable to perform in the showcase – you must “opt out” of the show before AutoPay is ran at the end of January.*



## SCHOOL AGE CLASSES

### What to Expect in Your School Age Gymnastics or Tumbling & Trampoline Class

1. **Benefits from gymnastics** are not only flexibility, strength, and coordination but also an increase in listening skills, obedience, self-confidence, and a better self-image.
2. **For maximum safety of your child please have them dress properly for class.**
  - a. Girls – Keep their hair tied back from their face and no jewelry. All girls should have a leotard and gymnastics shoes.
  - b. Boys- T-shirt tucked into cotton shorts and gymnastics shoes.
3. **We have many teachers, and although all of them are trained with the same materials, they have their own teaching style.** It's imperative that each child truly understands how to do each skill before they go run and do it. You've heard of the concept of doing the sports movement in your head over and over again until it becomes routine. This is the same thing. They need to do the skill in their head or see the skill performed to understand what they are asking their body to do. If you sometimes see groups sitting down listening to the teacher, they are working on incorporating all three learning modalities--auditory, visual, and kinesthetic. Examples of each could be listening to the teacher, watching a demonstration of the skill, and then attempting the skill with a teacher spotting.
4. **If you think your child needs more help, consider a second class (there is a 20% discount) or a private lesson.** Sometimes just a few minutes of individual attention will reap much reward and your child might then be eligible for the next level.
5. **Most parents stay and watch the class, but it is not mandatory.** We like parents to stay, because you are your child's biggest fan and they love to know you care. Children seek and need your approval. After watching class, be sure to compliment them on what you have seen. Do not yell suggestions from the bleacher, but allow us to make corrections as we see necessary. If there is a discipline problem, the teacher may ask your child to sit down for a moment, but this is a last resort.
6. **Don't compare your child to others.** There may be various levels in each class. Our teachers are used to working that way and will strive to give each child equal attention.
7. **Remind your child to listen to their teacher.** Sometimes the gym can be very noisy and they will have to pay attention to what is happening in their class. They will be taking turns and learning to work independently at stations. It is important they don't leave class to go out to the lobby to see you.