



Preschool Shamrock & Roll Floor Passes

#1 (3 All Me - Jump over French fries) (4 Bear Jump over French fry to cartwheel over French fry)
(Preschool 4/5 - Cartwheel, Cartwheel, Chasse Cartwheel on floor) Straddle Mount STRETCH

#2 Straddle Roll, Cartwheel Over the Block - Straddle Mount onto Balance Beam - Jump Over Green "line" - Dismount (3 All Me -Tuck Jump) (4 Bear Straddle Mount) (Preschool 4/5 Round Off) TADA!

#3 Squat Mount Stretch, Sideways hands on to 3 All Me, Hands on Beam 4B & 4/5, CW, Forward Roll TADA!

#4 Round Off, (3 All Me - stand on top and roll) (4 Bear - jump to forward roll) (Preschool 4/5 Backward Roll)
Run Assemble Jump to Ta-Da!